

The 49th
Tallinn • Estonia
12-14 June
2019

NORDIC LUNG CONGRESS

Postgraduate Course 2
SEVERE ASTHMA

Organized by the Nordic Severe Asthma Network (NSAN)

Date: 12 June 2019

Time: 13:00 – 18:00, incl. 2 short breaks

Room: Terrace Hall (Floor 3), Tallinn Creative Hub

Audience: Junior doctors and younger specialists with an interest in severe asthma.

Overview:

This 1-day course provides an overview on the management of severe asthma: Diagnosis and systematic assessment, as well as management, including the management of co-morbidities. Case-based interactive teaching is combined with lectures on the new Nordic recommendations from the NSAN.

Chairs: Prof. **Celeste Porsbjerg** (Denmark) and Prof. **Lauri Lehtimäki** (Finland)

13:00	Welcome and introduction.	Celeste Porsbjerg , Copenhagen, Denmark
13:05	Severe asthma: A short overview of the prevalence and impact + the "3 steps" in systematic assessment.	Celeste Porsbjerg
13:25	Case session I: cases presented by Celeste Porsbjerg .	
13:55	Systematic assessment of severe asthma: "Step 1": Diagnosis, phenotypes, differential diagnosis	Jussi Karjalainen , Tampere, Finland
14:30	<i>Break</i>	
14:45	Case session II: cases presented by Jussi Karjalainen .	
15:15	Systematic assessment of severe asthma: "Step 2": Treatment barriers: Patient education, adherence, inhalation technique.	Anna von Bülow , Stockholm, Sweden
15:50	Case session III: cases presented by Anna von Bülow .	
16:20	Systematic assessment of severe asthma: "Step 3": Triggers: Exposures and co-morbidities.	Unnur Steina Björnsdóttir , Reykjavik, Iceland
16:55	<i>Break</i>	
17:10	Management of severe asthma: phenotype-specific treatment.	Birger N. Lærum , Bergen, Norway
17:45	Concluding remarks and evaluation of the course.	

COURSE FEE: 100€ (Early Bird fee, available until 25 April)

nlc2019.ee